

WEDNESDAY AUG 27 3:30PM FREE!



5K RUN SEV_PINC A

NEX-BLDG. 400

OPEN TO ALL HANDS!

This run is a tribute to all Navy Chief
Petty Officers past, present, and future!
All hands are welcome to join in
celebrating the Navy's newest
Chiefs and to show your support!

ENJOY:

- Live DJ/Fun & Games/Bounce House
- FREE Race T-Shirts
- Gift Card Prizes
- FREE Food and Beverage
- Awards to Top 3 Male & Female Finishers Captain's Cup team rosters due: Tues., Aug. 26 @ Gym 4



Online Registration is Required for ALL Participants.

it: myffr.navyaims.com







Join Us!



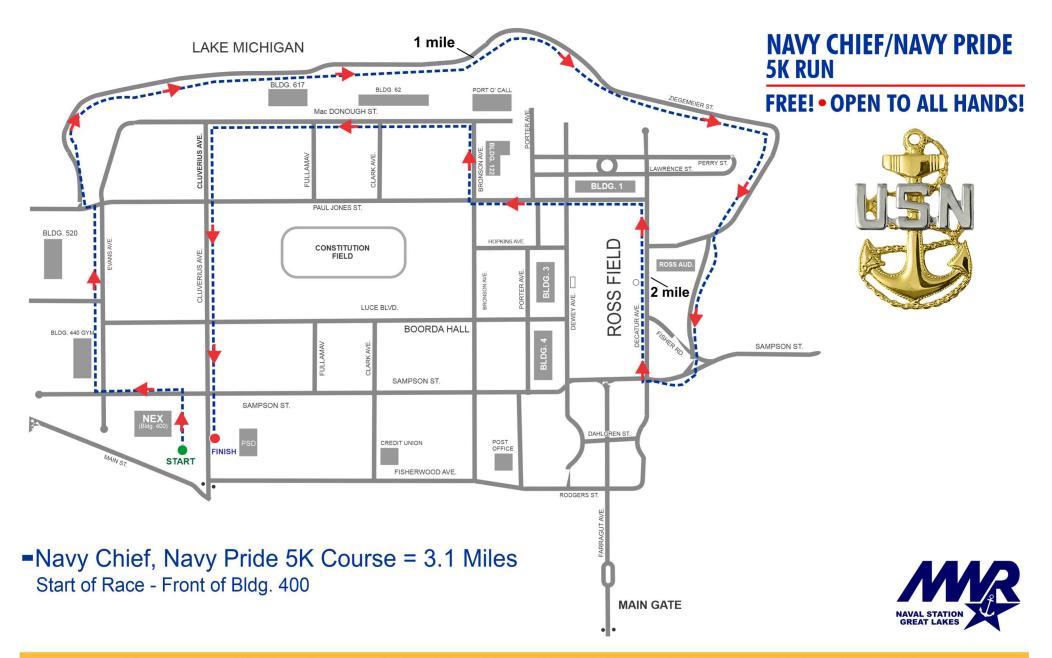












Run begins at 3:30pm from the NEX (Bldg. 400) parking lot. Run will start and finish from Bldg. 400.

All command teams are due to submit a team roster at Gym 4 on Tues., Aug. 26th.

Can also email team roster to: grlkmwrsportsandfitness@us.navy.mil

Team rosters for 5K run: 4 names from a team, all from the same Command, Barracks and Work Station.

Awards will be given to the top three finishers for male and female.

After the race, visit our sponsor and partner tents for games, free food/drinks, and a chance to win great prizes!