

YOGA + Smoothies

WEDNESDAY, JUNE 18, 2025

1100 – 1300 @ NUNN BEACH

OPEN TO ALL ELIGIBLE MWR FITNESS PATRONS
ALL AGES WELCOMED, NO EXPERIENCE NECESSARY

*FREE EVENT! REGISTRATION REQUIRED
BE ONE OF THE FIRST 50 REGISTERED PARTICIPANTS
AND GET A FREE SMOOTHIE!*



**FOR MORE INFORMATION AND REGISTRATION
SCAN QR CODE BELOW**

