

2026 SAILING PROGRAM

BASIC SAILING CLASS - MATE A

Basic Sailing Class Consists of:

- US Sailing "Learn to Sail Textbook"
- Two evenings of classroom instruction with US Sailing Certified Instructor
- One all day practical on the water lesson utilizing the "American 146 Day Sailor" and written exam
- **Classroom Instructions Include:**
 - Elements of Boang Saàfety
 - Parts of the Boat
 - Knot Tying
 - Sails and Sailing Theory
- **Practical Instructions Include:**
 - Sailing All Points of Sail
 - Leaving/Returning to Dock
 - Man Overboard & Capsize Recovery
- **After successful completion**, participants will be issued a:
US Sailing Certification Record Book
- **Certificaon Beneę fits:**
 - Access to rent Basic Sailing Qualified Sailboats at various Navy MWR programs around the world (*local policies and procedures may vary).
 - Access to rent the American 146 Day Sailor and "Aquacat" boats here at MWR Great Lakes
 - Nationally Recognized Skill Certification through US Navy Sailing Associaon and access to membership.

Class Schedule:

- **Class Opon 1:** June 25th, 6-9pm | June 26th, 6-9pm | June 28th, 9am-3pm | June 30th, 3-6pm
- **Class Option 2:** July 1st, 9am-3pm | July 2nd, 9am-3pm | July 3rd, 9am-Noon
- **Class Opon 3:** Aug. 13th, 6-9pm | Aug. 14th, 6-9pm | Aug. 15th, 9am-3pm | Aug. 16th, 9am-Noon



◀ REGISTER HERE!
REGISTER FOR COURSES ONLINE AT:
MYFFR.NAVYAIMS.COM

Military: \$250
Other: \$275



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