

NAVSTA GREAT LAKES MWR | MARINA

2022 SAILING PROGRAM

BASIC SAILING CLASS - MATE A

Basic Sailing Class Consists of:

- US Sailing "Learn to Sail Textbook"
- Two evenings of classroom instruction with US Sailing Certified Instructor
- One all day practical on the water lesson utilizing the "American 146 Day Sailor"
- One half day of written exam and practical sailing
- **Classroom Instructions Include:**
 - Elements of Boating Safety
 - Parts of the Boat
 - Knot Tying
 - Sails and Sailing Theory
- **Practical Instructions Include:**
 - Sailing All Points of Sail
 - Leaving/Returning to Dock
 - Man Overboard & Capsize Recovery
- **After successful completion**, participants will be issued a **US Sailing Certification Record Book**
- **Certification Benefits:**
 - Access to rent Basic Sailing Qualified Sailboats at various Navy MWR programs around the world (*local policies and procedures may vary)
 - Access to rent the American 146 Day Sailor and "Aquacat" boats here at MWR Great Lakes
 - Nationally Recognized Skill Certification through US Sailing Association and access to membership.
- **Classes Begin:**
 - Thursday 6-9pm • Friday 6-9pm • Saturdays 9am-3pm
 - Sundays 9am-12pm are built in weather backup days.

Class Schedule:

JUNE 9-12 • JUNE 16-19 • JULY 14-17 • AUGUST 11-14



Military: \$175
Other: \$200



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No Navy endorsement implied.